

City of Regina Information for Participants of COSy 2009

Services

Medical

- Albert Park Family Medical Centre, 3992 Albert St. 584.3833
- Regina General Hospital, 1440 14th Avenue. 766.4444

Pharmacy and Postal Service

- Shopper's Drug Mart, 4130 Albert St. 777.8040 (open 24 hours)
- Shopper's Drug Mart, Broad & 14th, 2202 Broad Street. 777.8186 (open until midnight)

Grocery Stores

- Sobey's Lakeshore, 1380 23rd Avenue. 585.3476
- Safeway, 3801 Albert Street. 586.6933

Transportation

- Regina Public Transit 777.7433 (<http://www.regina.ca/Page347.aspx>)
 - Bus #3 goes to and from the suggested hotels
 - Buses #3 and #4 go to and from downtown
- Coop Taxi 525.2727
- Capital Cab 791.2223
- Regina Cabs 543.3333

Downtown Shopping Mall

- Cornwall Centre, 11th Avenue and Scarth Street

Downtown Banking

- Bank of Montreal, 1800 Scarth Street. 569.5640
- Royal Bank of Canada, 2002 11th Avenue

South Regina Banking

- Royal Bank of Canada, 3816 Albert St. 780.2691 (open Saturday)
- Scotia Bank, 4110 Albert St. 780.1275

Tourism & Attractions

- Wascana Centre (including Wascana Park and Wascana Lake), the southeast boundary of which is on the north side of the campus
 - Royal Saskatchewan Museum, Corner of Albert & College. 787.2815
 - Saskatchewan Science Centre & Kramer IMAX Theatre, 2903 Powerhouse Drive. 522.4629
 - Wascana Centre Gift Shop, 2900 Wascana Drive. 522.3661
 - Saskatchewan Legislative Building
- Royal Canadian Mounted Police (RCMP) Museum, Training Academy, Dewdney Avenue West, 780.5838
- Regina Public Library, 2311 12th Avenue. 777.6022
 - Dunlop Art Gallery
 - RPL Film Theatre
- Casino Regina, 1800 Saskatchewan Drive. 565.3000
- Attractions in neighbouring cities:
 - The Tunnels of Moose Jaw (80km west of Regina)
 - Lumsden and the Qu'Appelle Valley (20km north of Regina)

Coffee Houses

Near the campus and the suggested hotels

- Book & Brier Patch Cappuccino Bar, 4065 Albert Street. 586.5814
- Java Express, 4114 Albert Street. 924.2233
- Chapters Bookstore Café, 2625 Gordon Road. 569.6060
- Stone's Throw Coffee House, 1101-C Kramer Boulevard. 949.1404

Downtown

- Atlantis Coffee, 1992 Hamilton Street. 565.2213
- Muddy Joe's Coffee & Espresso Bar, 1856 Hamilton Street. 779.2233
- Roca Jack's, 2610 13th Avenue. 347.3093
- Timothy's World Coffee, 1881 Scarth Street. 790.8931
- Café Orange, 2136A Robinson Street. 569.0820

Pubs (Local and International Beers)

Near the campus and the suggested hotels

- Brewster's Brewing Co. & Restaurant, 4180 Albert Street. 522.2739
- Bonzinni's Brew Pub, 4634 Albert Street. 586.3553
- Triffon's Pizza, 1101 Kramer Boulevard. 584.0040

Downtown

- Bushwakker Brewing Co. 2206 Dewdney Avenue. 359.7276
- O'Hanlon's Pub, 1947 Scarth Street. 566.4094

Dining

For a complete list, please consult the Dining Guide in the Restaurants Section of the Yellow Pages of the SaskTel Phone Book (*=near campus and suggested hotels; **=downtown or near downtown)

African

- **Selam Ethiopian Restaurant, 2115 Broad Street. 775.3131

Asian

- **Hanabi Japanese Restaurant, 1950 Broad Street. 585.8880
- **Mai Phuong, 1821 Broad Street.
- **Michi Japanese Restaurant and Sushi Bar, 1943 Scarth Street. 565.0141
- **Neo Japonica, 2167 Hamilton Street. 359.7669
- **Peking House, 1850 Rose Street.
- **Saigon By Night, 1840 Broad St.

Casual, Contemporary

- **Abstractions Café, 2161 Rose Street. 352.5374
- **Bushwakker's Restaurant & Pub, 2206 Dewdney Avenue. 359.7276
- **Cathedral Village Free House Restaurant & Pub, 2062 Albert Street. 359.1661
- **Copper Kettle, 1953 Scarth Street. 525.3545
- **Gingerz Bistro & Martini Lounge. 757.5755
- **La Bodega, 2228 Albert Street. 546.3660
- **Memories, 1717 Victoria Avenue. 522-1999
- **Crave Kitchen and Wine Bar, 1925 Victoria. 525.8777
- **The Crushed Grape, Wine and Food Bar, 2118 Robinson. 352.9463

- **Fireside Bistro, 2305 Smith. 347.7711
- **Creek in Cathedral Bistro, 3414 13th Avenue. 352.4888
- *Earl's, 2606 28th Avenue. 584.7733
- **Beet Root, vegetarian, 2936 13th Avenue. 586.2338
- *Willows on Wascana, 3000 Wascana Drive. 585.3663

Greek

- *Lakeshore, 1350 23rd Avenue. 584.3780
- *Greko's, 4425 Albert Street. 584.3646
- *The Cottage, 4409 Albert Street. 584.1313

Indian

- **India House, 806 Victoria Avenue. 585.8882
- **Punjabi, 1851 Scarth Street. 949.0009

Italian

- Triffon's Pizza, 1101 Kramer Boulevard. 584.0040

Latin American

- **Casa Latina, 1849 Broad Street, 757.1878

Steak Houses

- **Diplomat Steak House, 2032 Broad Street. 359.3366
- **Golf's Steak House, 1945 Victoria Avenue. 525.5808
- *Keg Steakhouse, 4371 Albert. 585.1717
- *Skara Steakhouse, 3847 Albert Street. 584.80